

The Sexton's Wheel

Issue 194

The magazine for the villages of Long Stratton & Wacton



*Photo taken by
Sheila Hardingham*



*Photo taken by
Janice Scott*

February 2020

Long Stratton Village Hall - Booking information



The hall can be booked as follows:

- Via our Facebook page, search for 'Long Stratton Village Hall'
- Via our website www.longstrattonvillagehall.org.uk
- Email us at longstrattonvillagehall@outlook.com
- Call Kirsty Dye on 07986 942804 and leave a message
- Hire rates from as little as £7.50 per hour



Wacton Village Hall - Booking information

The hall offers a meeting room seating 22, which is also suitable for small functions and a hall with semi-sprung wood floor with a capacity of 80 seated and 120 standing. There is a fully equipped kitchen and a full complement of tables and chairs. All areas are fully accessible for wheelchair users. The basic hourly rates are £6 and £10 respectively. To hire phone Christine Goreham on **01508 530823** or email **Wacton.VH@outlook.com**

Church Contacts

St Mary's / St Michael's & All Saints'	Rev. Heather Wilcox	01508 530238
	rev.heather@btconnect.com	
Parish Administrator	Linda Mills	01508 530238
	linda.parishadmin@btconnect.com	
Congregational Church	June Braddock	01508 470701

Church Parish Office

The Parish Office is open 8.30 - 12.30 Monday to Thursday, but you can still contact us at the Rectory outside these times. Callers are always welcome.
If you know of anyone who is unwell or would benefit from a visit from a member of our ministry team please contact the Parish Office (530238).

Long Stratton Town Council, The Street, Long Stratton

Usual office hours are Monday, Tuesday and Thursday between 10am and 1pm and by appointment at other times.

Tel: Clerk Becky Buck 01508 530524 E-mail: clerk@longstrattoncouncil.info

The Editors reserve the right to edit or decline any material submitted for publication. While every effort is made to ensure that the contents of the magazine are accurate, no responsibility can be taken for errors and omissions. The material printed does not necessarily represent the views of the magazine committee and no recommendation of products or services is implied. While the committee take reasonable care when accepting advertisements for publication, it cannot accept responsibility for any unsatisfactory transactions. Errors and omissions excepted.



That's the first month gone of 2020 and at the time of writing no snow! Or are we tempting fate?

This month you can get your brains in working order again and join in the quiz evening on Saturday 8th February - see page 4 for more details.

Or what about going to the Pancake Party on the 25th - £4 and as many pancakes as you can eat! Details on page 9.

There are lots of organisations you can join and have some fun - WI's, Thursday Club and Girls Night Out to name just a few. Check out the centre calendar.

The front cover photos were sent in for the 2020 calendar but were not selected, we are grateful to Sheila Hardingham and Janice Scott for allowing us to use them.

The Sexton's Wheel Team

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QUIZ EVENING

Sat 8th February
6.15 for 6.30 start

St. Mary's Junior School

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LOVE IS IN THE AIR



Love is in the air – or so the first line of a popular song says, the rest of that verse continuing:

*Love is in the air,
everywhere I look around.
Love is in the air,
every sight and every sound.*

Valentine's day falls in February, the day when traditionally lovers express their love for each other by presenting flowers, offering confectionery and sending greetings cards. And as we look around us in the shops, it would appear love is in the air, everywhere we look around, every sight and every sound – as we see shops decorated with giant red hearts whilst playing our favourite romantic tunes as they advertise their wares for this romantic celebration.

But the more I have pondered on this phrase over the past few weeks, the more it has struck me that it is so true – and yet so often we cannot see it. It's hard to see love everywhere we look, in every sight and every sound, when we are faced with pain and suffering, either personal or global. In these past few weeks when our television screens have shown the aftermath of catastrophic bush fires in Australia and the effects of man's brutality on man, in the bringing down of an airplane full of passengers, we ask - can we really say 'Love is in the air' in the face of all these horrors?

As Christians, our greatest example of love is the example of Jesus, who died on a cross, the most horrific possible means of death and torture known to the Romans, so he could save us from our sins.

One of the most well known verses in the Bible John 3:16, speaks of Gods love for us when it says '*For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.*' God loves His world, He loves us more than we can possibly imagine – so we can say with confidence – Love is in the air.

I pray with Saint Paul that we will all have the power to grasp how wide and long and high and deep is the love of Christ.

May God bless you abundantly with his love
Rev Heather

LONG STRATTON YOUTH CAFE

Come along to Youth Cafe From Year 5 upwards 7-8.30pm
Tuesday nights during term time at the Methodist Church Long
Stratton. £1.50 entry fee (1st time is free).

We have a PlayStation 4 with gaming chairs, Xbox 360, Pool
table, Table tennis, Air hockey table etc plus a tuck shop.



Matt, Wil, Tina, Doug and Joanna

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LONG STRATTON MEDICAL PARTNERSHIP

A belated Happy New Year from everyone at Long Stratton Medical Partnership.

Clinician wise in February we say goodbye to Dr Jenny Drummy who has been with us for six months. Jenny has enjoyed her time here at LSMP and she remains focused on a future career in General Practice. She is moving onto a placement in Palliative Care as the next stage of her training. We wish her good luck for her forthcoming wedding. Dr Hannah Bardsley remains with us until March when she will move onto a placement in the ENT department.

We have our UEA students back with us and over the next few weeks they are learning about Mental Health, then back again in March for Obstetrics & Gynaecology. We also have some students from Cambridge University. Some of you may be asked to see a student under supervision from the GPs. There is never any obligation to see students but we remain very grateful to those who do see them as it is a vital part of their learning and they are our next generation of doctors.

Dr Lara Douglass

Message from our Patient Participation Group

The next patient health information evening will take place late April and will focus on 'The Heart.' Norfolk Accident Rescue Service has agreed to hold a training session on CPR (Cardiopulmonary resuscitation) and defibrillator use. We are waiting to hear back from a Cardiologist in the hope that they will take us through the common heart attack signs and how we can look after our heart.

More information will follow once the date, venue and speakers are confirmed.

WOULD YOU LIKE TO GROW YOUR OWN VEGETABLES AND FRUIT?

IF SO ARE YOU INTERESTED IN HAVING AN ALLOTMENT?



St Michael's Church run the allotments situated on the left hand side of the A140 as you leave the village heading towards Norwich.

We may soon be extending the number of plots we have and after accommodating all those on our waiting list there will be some to let.

If you would like more details please contact Linda at the Church Parish Office, The Rectory, Flowerpot Lane, 01508 530238 or e-mail linda.parishadmin@btconnect.com



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BADGER NEWS!!!

(YOUNG MEMBERS OF ST. JOHN AMBULANCE)



The autumn term was another good term, we covered First Aid Badge. It never ceases to amaze us how good children are at First Aid and what a high standard they can achieve. They ask such interesting questions such as 'you put unconscious people in the Recovery Position why do you put people who have fainted in a different position?'

As well as First Aid we made bottles of blood with sweets as the red and white cells and vegetable oil as plasma etc. We also had an interesting visit from Cliff who bought animal bones to identify and compare and attended Remembrance Sunday Parade in Long Stratton.

We ended the term with a visit from a circus performer who showed the children how to spin plates etc, we had a small party and presentation of badges and certificates.

As well as their First Aid Badge several children gained additional awards ranging from Welcome Paws to Follow Me Badger rank slides. Next term we are covering Global Badge which will include festivals and food from other countries.

It is good that we have gained more Badgers as we can do more. As we now have more help we still have some vacancies. So if you want to do something different, gain amazing badges and meet new friends and will be 7 years old in this school year and are not yet 11.

COME AND JOIN US on Tuesday Evenings (during term time) 5pm -6.15 pm. Aslacton and Great Moulton Village Hall, Carr Lane, Great Moulton. N152LA.

We are also looking for an adult to help with the older range Cadets 11 years onwards, who do even more exciting things. Currently we cannot run Cadets due to lack of Adults.

For more information please contact Mel on 07703573833 or e-mail: mel.large@btinternet.com or Charlie on 01379 677521 or e-mail: charlieb56@btinternet.com

Pancake Party

Tuesday 25th February

6.30 - 7.30pm

**The Rectory
8 Flowerpot Lane**

Everyone welcome

**£4 for as many pancakes as you
can eat!!**



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LOCAL WALK JANUARY WALK

Our first walk of 2020 was on a breezy Monday, cool but not cold and perfect conditions for the nine of us who gathered at the usual venue.



We set off in three cars, travelled south on the A140 until reaching The Old Ram at Tivetshall, which was the starting point for the walk, led this time by Bonnie.

We took Ram Lane for a short distance, before turning into Boudicca Way and thence struck off into open country footpaths for much of the time. It was noticeable that all of the drainage ditches were running freely with water from the fields,

despite the fact that there had been no heavy rain for about a week!

When we crossed a small stream by way of a plank bridge, the water was pretty fast-flowing. We continued west via well defined field-edge paths and encountered few that were too muddy to slow our progress. At one point, some of us were lucky to see a small herd of grazing



deer, who were quick to spot us and set off at a smart pace, disappearing into the nearby hedge.

Eventually we returned to the lanes and arriving at Gissing Road, were confronted by the ruined church of St Mary, Tivetshall. Here we took a breather and absorbed the still tranquil atmosphere which, despite its ruined state, still prevailed.

The recently cut-back hedge revealed the last years nest of a family of long since fledged Long Tailed Tits. Leaving St. Mary's, we picked up Rectory Road, soon turning right into Bonds Road. It was here that, on the right, was a large paddock containing two sturdy horses and a flock of rooks, busy gathering what food they could. Suddenly, as if at a signal, they all flew up into the close-by trees, where they settled on the bare branches, very reminiscent of the eerie scene in Alfred Hitchcock's classic film 'The Birds'!

The next hundred or so yards took us back to Ram Lane and, once more, the car park, at the end of a really pleasant five miles.

Colin

We meet the first Monday of every month [3rd February] in the Long Stratton car park near the toilets at 10am. Everyone is welcome. We always aim to be back in time for lunch.

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Methodist Church

In July 2019, Rev Heather Wilcox, Tony Coleman and Jeremy Briggs called a public meeting regarding the future of the Methodist Church and Long Stratton Town Council attended to gauge the communities interest in retaining the Church as a Community asset. At this meeting, I agreed on behalf of the Council to register the church as a community asset with South Norfolk District Council. The outcome of that meeting was for all parties interested to put together a proposal of how the Church could be saved and to submit to Heather, Tony and Jeremy for their consideration before a follow up meeting in September to propose the best way forward. The Council met immediately after this meeting and resolved for the Clerk to work on a business case to see if it was a viable option for the Council to consider.

A business case was prepared and I started the steps to register the building as a community asset. The business case showed that currently the Methodist church financially is breaking even however as a Church the building is not liable for business rates. The Council, if they were to take ownership of the Church, would be liable for business rates which means that the building would run at a loss. The Council, through the precept would have to pay for this loss. In addition to this the Council would have to raise the precept in order to pay the purchase price. As the Council have a duty of care for all parishioners and not just those that use the Methodist church it was resolved that a Community consultation would take place.

This took place in the Co-op foyer and on the website and showed overwhelming support for the Council to secure the Methodist Church. The Council had also learnt that the Methodist Circuit had been made aware of interest from a party outside of Long Stratton and therefore there was no guarantee that the building would still be available for the Community, the Council resolved to offer the asking price which was accepted by the Methodist Circuit.

Regarding registering the Church as a valuable community asset, this was not progressed for a couple of reasons. There was some outstanding information needed in order to support the application and once the Council made the offer it was no longer a priority. The Neighbourhood Plan identifies the need for a Community Centre that can support the local community and as such it is within the Town Council's action plan to have a community centre and the Methodist Church meets this objective. If for any reason the Council is unable to complete the purchase then it will become a priority to get the application submitted to protect the building for the Community.

We are currently liaising with solicitors to ensure that the sale progresses efficiently. As a Council we have a duty of care to ensure that every decision is the best for the whole of the community and we are scrutinising every step to make sure it is right for residents of Long Stratton. The Council has to be careful that we do not enter into a legally binding agreement that is not favourable and could be detrimental to Long Stratton residents for years to come, the Council is still committed to purchasing the church for the benefit of the Community.

If you have any further questions, please contact me.

Thank you, Becky



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POSITION VACANT – COMMUNITY GOVERNOR



St. Mary's Junior school currently have a vacancy for a community governor on the governing body.

Would you like to support your local school, by becoming a governor? This is a time-consuming role, but it is also a very rewarding and fulfilling role and one which enriches the life of the whole community.

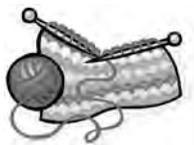
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- Ensuring clarity of vision, ethos and strategic direction;
- Holding the Executive Leaders to account for the educational performance of the organisation and its pupils, and the performance management of staff; and
- Overseeing the financial performance of the school and making sure its money is well spent.

At St. Mary's Junior school, everything we do as a governor body is held together under the vision statement.

'Raising aspirations and a love of learning through courage, resilience, positive relationships and God's love'.

If you would be interested in finding out more about becoming a governor of St. Mary's Junior school please contact Rev Heather Wilcox (Chair of Governors) though the school office - 01508 530459.



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WEEKLY EVENTS

MONDAY ACTIVITIES	VENUE	TIME
Knitting & crochet group	Long Stratton Librray	11am - 12.30pm
Long Stratton & District Men's Shed - see page 35	Call Barry [01508 532280] or Richard [07548 030482] for venue and information	2pm to 4pm excluding Bank Holidays
Short Mat Bowls	Coronation Hall, Great Moulton - Peter Grant 01508 536753	2 pm
Tai-Chi	Wacton Village Hall	6.00 pm to 7.30 pm
Bell Ringing Practice	St Mary's Church	7.30 pm to 9 pm
Yoga [all abilities]	Long Stratton Village Hall Contact Neil on 07798 718492	7.30 pm to 8.30 pm

TUESDAY ACTIVITIES	VENUE	TIME
Lloyds Mobile Bank	The Swan	9.45am - 11.15am
Let's Chat -not in February	St Mary's Church	10.15 am
Lunch & activities	Day Centre	10 am to 3 pm
Long Stratton Jogging Club	Swan Lane Medical Partnership contact 07926623741 for more info	6.30pm
Long Stratton Youth Cafe	Methodist Church term time only	7pm to 8.30pm
Stratton Community Choir	Mayfields Care Home	7.30 pm
Creative Singers in Wacton	Wacton Village Hall	7 pm to 8.30 pm
Youth Cafe [Year 5 onwards]	Methodist Church term time only	7.15 pm to 9 pm

WEDNESDAY ACTIVITIES	VENUE	TIME
123 Toddler Group	Methodist Church term time only	9.15 - 11.15 am

THURSDAY ACTIVITIES	VENUE	TIME
Pilates	Wacton Village Hall Jo Douglas 01508 530261 greenacresfarm@tinyworld.co.uk	9.30 am mixed ability
Lunch & activities	Day Centre	10 am to 3 pm
Coffee morning	Methodist Church	10 am to 12 noon
Short Mat Bowls	Coronation Hall, Great Moulton - Peter Grant 01508 536753	2 pm
Long Stratton Jogging Club	Swan Lane Medical Partnership contact 07926623741 for more info	6.30pm

The Sexton's Wheel

M	T	W	T
3 Local Walk - <i>see page 11</i>	4 Coffee Morning Wacton Village Hall 10.30am <i>see page 20</i>	5 Wacton Parish Council Wacton VH 7.30pm	6
10 St George's Dementia Support Group 10am - Upper Stoke Holy Cross NR14 8ND - 01508 493661/492938. Long Stratton Town Council 7pm - Methodist Church	11 Sunflower Cafe, Mayfields 10am - 01508 535500 Diabetes UK Wymondham 2pm - Wiltshire Farm Foods - Fairland Church NR15 0AW - 01953 607494 Diggers & Dibblers Gardening Club, Forncett VH 7.45pm 01508 489181  Forncett Diggers and Dibbler	12 Long Stratton Lions 7.30pm contact Roy on 01508 531406 for venue	13 EofE Co of Support Gr Belevedere C NR2 3AZ Becky 014 /07715 Thurday Cl <i>see p</i> Tharston & 7.30pm V <i>see p</i> Girls Night <i>see p</i>
17 Film Afternoon 'Downton Abbey' Long Stratton VH <i>see page 21</i>	18 Coffee Morning Wacton Village Hall 10.30am <i>see page 20</i> Newton Flotman Evening Cinema, Village Hall - 'Downton Abbey' 7.30pm 07745760382 or william. ball@outlook.com	19 Long Stratton & District WI 7.30pm Long Stratton VH <i>see page 23</i>	20
24 St George's Dementia Support Group 10am - <i>see 10th for info</i>	25 Wacton Games afternoon 2pm <i>see page 20</i> Pancake Party 6.30pm The Rectory <i>see page 9</i>	26 Long Stratton Lions 7.30pm contact Roy on 01508 531406 for venue	27 Harleston Mansonic R Out' 2pm 01379 8 lesleyrock@

February 2020

T	F	S	S
		1	2
	7 Wacton Social Club <i>see page 20</i>	8 St Mary's Church Quiz Evening St Mary's Junior School <i>see page 4</i>	19
<p>up Bereavement oup 10.45am Comm. Centre, - contact 473 231460 5700391</p> <p>ub 2pm LSVH <i>page 25</i></p> <p>& District WI Wacton VH <i>page 25</i></p> <p>Out 7.30pm <i>page 21</i></p>	14	15	16 Community breakfast at the Congregational Church 9.45am <i>see page 33</i>
	21 Wacton Social Club <i>see page 20</i>	22	23 Soul Shapers 7pm St Mary's Church
<p>n Cinema, ooms - 'Knives & 7.30pm 354897 or @keme.co.uk</p>	28	29 Messy Church St Mary's Junior School 9am <i>see page 22</i>	1 March



WACTON VILLAGE NEWS

WACTON GAMES AFTERNOONS

During the long winter months we thought it would be a good idea to get together one afternoon a month in Wacton Village Hall to play board games, card games, jigsaws etc. or simply come and have a chat over tea and biscuits. The planned dates are 28th January, 25th February,

24th March and 28th April, from 2-4pm. Cost £1.50 per person.

We have some games to get us started, but if you have a favourite, please bring it along. We look forward to seeing you.

Contact Caroline Squires on 01508 530111 for further details.



WACTON SOCIAL CLUB

Wacton Social Club is on the 1st and 3rd Fridays of each month. New members very welcome. Doors open 7pm – 11pm. Dates for February are the 7th and 21st.

On the 7th February it will be a normal club night. The 21st February it will be our Quiz and Chips Night! £10 per person please contact me to book a table. 7pm Start max. 6 per team.

For any information about becoming a member or upcoming events please contact Katie Anderson on 07577446589 / wacton.social.club00@gmail.com

Please check out our Facebook page and website for more coming events

WACTON FOOTCARE

The next session of Wacton Footcare will take place in the village hall as usual on **Monday 9th March.**

For further information call Clare (Footcare Specialist) --- 07785 295358

For an informal chat / further information or to cancel an appointment please call Rita Day --- 01508 218407

CREATIVE SINGING GROUP

The Creative Singing Group will meet in the village hall as usual every Tuesday evening from 7pm through to 8.30 p m.

For further information call Louise Tingley (Professional Voice coach) --- 07765 920390

COFFEE MORNINGS

Coffee mornings are held in the village hall on the first and third Tuesday of each month from 10.30 a m -- everyone welcome. **Dates for February are the 4th and 18th.**

For further information contact Caroline Squires on 01508 530111.

Caroline and Rita



Downton Abbey

Long Stratton Village Hall
Monday 17th February - 1pm

Set in 1927, the film depicts a visit by the King and Queen to the Crawley family's English

country house in the Yorkshire countryside. As the Royal staff descend on Downton, an assassin has also arrived and attempts to kill the monarch. The family and servants are pitted against the royal entourage, including the Queen's lady-in-waiting, who has fallen out with the Crawleys, especially the Dowager Countess, over an inheritance issue.

Tickets £5 including refreshments (available on the door)

To pre-book ring Heather (01508) 530238 or rev.heather@btconnect.com

Other films to look forward to in the coming months:

16th March – The Good Liar 20th April – Official Secrets

LONG STRATTON GUIDING

2nd Long Stratton Brownies

We started the New Year with our Brownie party. We played some traditional 'musical' party games followed by pass the parcel. After snacks and drinks we finished the evening with paper and card games.

Brown Owl

*There are spaces at 2nd Long Stratton Brownies for girls aged 7-10 years.
Telephone Josie Thurston, Brown Owl, on 01508 531100 for more information.*

GIRLS NIGHT OUT

Is a group for ladies, which meets once a month (2nd Thursday of the month) for anyone looking for fun and fellowship.

Our next meeting will take place on:

**Thursday 13th February – 7.30pm
at 33 Flowerpot Lane**

When we shall be playing Bunco, a fast-paced dice game.

To find out more please contact Heather (rev.heather@btconnect.com
01508 530238) or just turn up.

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The next **Messy Church** is on
Saturday 29th February
from 9am until 10.45am and will
be at **St Mary's Junior School**

The morning begins with bacon
butties and muffins before craft
activities, finishing with a time of
worship.

All children must be accompanied by
an adult.

You can find out more by phoning
Heather Wilcox at The Rectory
530238

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LONG STRATTON & DISTRICT WI

By the time you read this Christmas will be long gone, we will have braved the cold January winds and it will almost be February. We will have heard our January speaker and received our 2020 programmes listing the monthly events and talks.

Some of the interesting talks to look forward to include wildlife photography, four in hand bell ringing, the history of tea caddies and a talk by someone invited to a royal wedding. There will be several parties, some outings, events with the South Norfolk Group of WIs, competitions, social activity and courses on entertainment from the WI Federation.

On Wednesday 19th February we have a speaker who works with the Norfolk blood bikes. It will be interesting to learn more about this vital service, whilst hoping never to need it ourselves. If you would like to know more then come along to Long Stratton Village Hall for 7.30.pm. You can be sure of a friendly welcome.

We meet on the third Wednesday each month and further information can be obtained from the Secretary Mrs. Shirley Housden on 01508 531154.

LONG STRATTON CHILDREN'S CENTRE

Please find below the list of events for February, if you have any questions do not hesitate to contact us.

Date	Activity	Time	Venue
Monday 3rd, 10th & 24th	Toddler Days - 0-5 years <i>Drop in play sessions for children, parents and carers. Including understanding your toddler, home play ideas, sleep, feeding, storytime and safety</i>	10.00-11.00 am	LS Children's Centre, Manor Road
Tuesday 4th, 11th, & 25th	Outside Explorers <i>An outside play session where children can explore and grow - no matter what the weather!</i>	1.30-2.30 pm	LS Children's Centre, Manor Road
Friday 7th, 14th, & 28th	Baby Days <i>A drop-in play session for pre walkers and their parents/carers. Sessions will include baby bonding, how babies learn, sleep, feeding, stories, rhymes and safety</i>	10.00-11.30 am	LS Village Hall

For further information please call 01508 536399 or e-mail ECFS-Families@actionforchildren.org.uk - www.norfolk.gov.uk/earlychildhood

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LONG STRATTON THURSDAY CLUB

Our January meeting was held at Rushall Half Moon, after a dull and windy morning the sun shone as members sat down to eat lunch. Following a very good meal, we sang Happy Birthday to Sue and two presentations were made, one to Allan who tirelessly set the village hall up for our monthly meetings and Jean for providing sausage rolls and cheese straws at our Christmas party.



Our Christmas party had been a fun afternoon. We were entertained by Darrin, played bingo, had a Christmas quiz won by Christine, secret Santa and the committee's favourite Christmas jumper which was won by Daphne. A big thank you for the wonderful spread provided.

Our next meeting is Thursday February 13th in Long Stratton village hall at 2pm. Our speaker will be Tami who will give us a demo from Wiltshire Farm Foods.

New members and visitors are always welcome, please come and join us.

WOMEN'S WORLD DAY OF PRAYER

FRIDAY 6TH MARCH - 2PM

VENUE TO BE CONFIRMED IN MARCH ISSUE



THARSTON & DISTRICT WI

A new year and a new programme of speakers and activities to enjoy. We welcomed Stephen Poulter to our January meeting for his talk on 'Confessions of an Occasional Auctioneer'. He proved to be most interesting as well as entertaining. He told us how he became an auctioneer from originally having a bookshop. He obviously enjoys the auctions as he still goes to help out at some of the sales. The monthly competition was for an item to consider taking to TV's 'Flog it' and what an interesting collection we had.

This month an extra activity is to make green hearts to wear, give to a friend or to hang in a public place. These hearts are to 'Show The Love 2020' in February and start a conversation about climate change. Our hearts are made with crazy patchwork and decorated felt and I hope some will be worn at our February meeting.

In February we will again hold a jigsaw race with refreshments. We all thoroughly enjoyed this last year although some of us struggled to finish in the time allowed. A great deal of laughter and a lot of chatting obviously slowed some groups.

Our February meeting on the 13th is 'Medical Detection Dogs' with Norma Howell. We meet at Wacton Village Hall at 7.30 on the second Thursday each month and are pleased to welcome guests and new members to our meetings.

Heather Jeary



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LONG STRATTON FOOTBALL CLUB



MEET THE UNDER 12'S TEAM

The players are:

(left to right) back row, R Coleman, S Edwards, F Mayes, J Hemming(GK), F Podd, I Withey, A Westley

(left to right) Front row, J Bassingthwaighte, A Cordy, O Baileff, J Giles-Redhead, T Phillips, K Matthews, O Hubbard,



Recent results

Long Stratton 6-1 Aylsham Cubs

Goal scorers F Mayes x 2, F Podd, I Withey, K Matthews, T Phillips

Swanton Morley Reds 7-2 Long Stratton

Goal scorers T Phillips, R Coleman

Long Stratton 0-17 Fakenham Town

Old Catton Tigers 7-2 Long Stratton

Goal scorers, F Mayes, J Bassingthwaighte

Long Stratton 2-3 Scole United

Goal scorer F Mayes x 2

Long Stratton Football Club Adult Results

Anglian Combination Premier League

Waveney 2 - 1 Long Stratton

Long Stratton 4 - 1 Mattishall

Women NWGFL

Thorpe Utd 10 - 2 Long Stratton

Long Stratton 1 - 0 Fakenham Town

Anglian Combination Div 3

Long Stratton Res 3 - 0 Mattishall Res

Waveney Res 3 - 2 Long Stratton Res

Long Stratton Res 5 - 0 Poringland

Norwich Sunday League Div 3

County Cup Quarter Final

Danepak FC 0 - 4 Long Stratton

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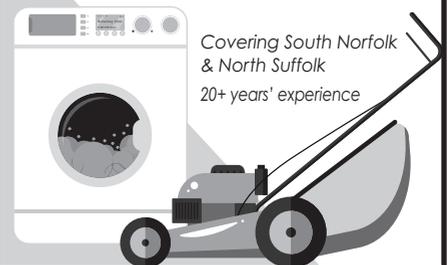
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All our bereavement support groups are free to attend.

Your nearest support group is in Norwich at the Belvedere Community Centre, Belvoir Street, NR2 3AZ and we meet every second Thursday of the month - 10.45am to 12.15pm.

For more information call Becky on 01473 231460/07715700391 or e-mail bereavementsupport@eastofengland.coop

The Long Stratton & District Men's Shed

The group are currently building their shed in Tasburgh and are looking for new members to help them get this space ready to use as their workshop

We meet every Monday 2pm to 4pm [excluding Bank Holidays]

Please come and support this exciting new project. All welcome.

For further information and where it is please call Barry 01508 532280

or Richard 07548 030462

Supported by South Norfolk Council, Saffron Housing Trust and Norfolk County Council

LONG STRATTON 'THROUGH THE SEASONS' 2020 CALENDAR NOW HALF PRICE AT ONLY £2

It's not too late to get your 2020 calendar they are still on sale. So if you didn't get one for Christmas now is the time to treat yourself!

they are available from The Butcher's House, Bekays, Hairmale and Stratton Motor Company. Or you can call in to the Church Parish Office, The Rectory, 8 Flowerpot Lane - Monday to Thursday 8.30am to 12.30pm.



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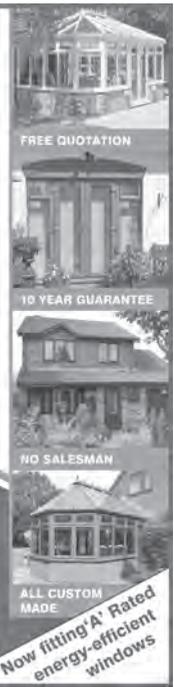
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CHURCH SERVICES - FEBRUARY

St Mary's Church

2nd	11.00 am	All Age Worship
9th	11.00 am	Holy Communion
16th	11.00 am	Morning Worship
16th	6.30 pm	Healing Service
23rd	11.00 am	All Age Holy Communion
23rd	7.00 pm	Soul Shapers
26th	10.00 am	Ash Wednesday Holy Communion

St Michael's Church

9th	8.30 am	Holy Communion
23rd	8.30 am	Holy Communion
26th	10.00 am	Ash Wednesday Holy Communion at St Mary's Church

There are Church services available at St Mary's and All Saints' on Sundays when there are no services at St Michael's

All Saints' Church

2nd	9.30 am	Holy Communion
16th	9.30 am	Holy Communion
26th	10.00 am	Ash Wednesday Holy Communion at St Mary's Church

There are Church services available at St Mary's and St Michael's on Sundays when there are no services at All Saints'

Congregational Church

2nd	10.45 am	Family Service with Holy Communion	Rev Ian Jones
9th	10.45 am	Family Service	Colin Basham
16th	9.45 am	Family Breakfast	
16th	10.45 am	Family Service	Malcolm Simpkin
23rd	10.45 am	Family Service	Joe Hart

From the Parish Registers

Funerals

We offer our deepest sympathy to the family and friends of:

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Sunday 16th February - 9.45am - no charge!

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For more information contact June on 01508 470701

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